

## Cleansing Prayers

### Based on

*3 John 1:2 Beloved, I pray that in all respects **you may prosper** and be in good health, just **as your soul prospers**.*

*And*

*Matt 18:18 Truly I tell you, **whatever you bind** on earth will be bound in heaven, and **whatever you loose** on earth will be loosed in heaven.*

### PRAY....

Father God, I choose as an act of my will to loose from my soul (e.g. all trauma, being abused, being violated, being persecuted, sadness, depression, mistreatment, lack, poverty, relationship difficulties, sickness etc. choose as appropriate and as led by Holy Spirit) all darkness in Jesus name. (pause for a moment and allow them to leave).

Father God, I choose as an act of my will to loose from my soul people places and things that you no longer want to be a part of my life. I loose them right now in the name of Jesus (pause briefly to allow them to leave).

### PART 2

#### PRAY.....

Father God, I choose as an act of my will to bind onto my soul (e.g. being appreciated, being celebrated, being honored, being loved, being sought after, just treatment, just outcomes, being cared for, protection, celebration, excitement, being set free, peace, love, joy, good treatment, supply, abundant finances, God blessed relationships, divine health etc. pick as appropriate and as guided by Holy Spirit) your will, your way, the light of Jesus Christ and the Love of God, In Jesus Name (pause for a moment and allow them to be received).

Father God, I choose as an act of my will to call back to my soul those parts of myself that I gave away to people, places, and things that you did not want me to give away. I call them back right now in the name of Jesus. (pause briefly to allow them to return).

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*Daily prayer to always have a good day.*

To be said upon awaking in the morning (a declaration and decree)  
"Father God, I ask for and receive sufficient grace for abundant life today".